

Car Accident Injury Report

Discover what most insurance companies don't want you to know about hidden car accident injuries.

Find out how to protect your rights before it's too late!

In This Insider's Report We Will Reveal:

- ✓ **How Hidden Car Accident Injuries Can Cause Arthritis.**
- ✓ **Why Even Minor Injuries Should Get Evaluated.**
- ✓ **Why Pain Relief Medication May Make Your Condition Worse!**
- ✓ **The Importance Of Documenting Your Injuries**

WARNING: Hidden injuries are sneaky, potentially debilitating, and will affect millions of Americans this year. Due to ignorance and/or inappropriate care, many car accident victims will suffer for the rest of their lives! That's the bad news. The good news is that there is help available to document any injuries you may have and protect your rights. Keep reading the report to find out the well-hidden truth about auto accident injuries.

Dear Accident Victim,

Reading this report may be the most important thing you've done all year. Why? Because finally someone is revealing the truth about car accident injuries many insurance companies don't want you to know. The information in this report is vital if you want to avoid years of pain, suffering, and expensive treatment.

Let's get started . . .

Every day, thousands of Americans are involved in auto accidents and aren't lucky enough to have this information. As a result, they either receive inappropriate care for their injuries or never get their injury diagnosed properly. Often they settle their case too soon.

Most insurance adjusters know all about the kind of injuries people like you and me experience in an accident. They know that sometimes you don't feel injured right away and that is why they try to settle as quickly as possible while your medical bills are low or non-existent.

This can happen even if it's your own insurance company you're dealing with!

Make no mistake, insurance is a business like any other, and the less they spend on treatment, the more money they make for their shareholders.

Even if you were involved in a minor fender bender, studies have proven you could suffer from a serious injury that isn't easily detected.

You can be seriously injured and only feel a little pain or no pain at all after the accident. Your doctor can easily miss this and mistake your pain for something completely different. This is when insurance companies try to settle with you. **Don't make this mistake!** Until a recognized and reputable doctor who has experience with low impact, soft tissue injuries says you are 100% okay, don't make the decision to settle too soon!

What most doctors don't know about Hidden injuries can physically and financially hurt you!

After an accident, it's advisable to visit the emergency room to make sure you don't suffer from any life-threatening injuries like internal bleeding. This is what emergency room doctors specialize in.

But the problem is that as long as there's no immediate threat to your life, the emergency room physician is likely to send you on your way with medication to mask the pain. And here's the problem with only taking pain medication after your accident . . .

When soft tissues like muscles, ligaments and discs are injured our body repairs them with scar tissue. The scar tissue works like glue. If all you do, is take medication that covers up the symptoms and your body heals in the wrong position or with reduced mobility, it can cause big problems later. The pain may go away for a time, but if your body didn't heal right, it likely will come back worse and cause more serious conditions like arthritis, degenerative disc disease, disc herniations, nerve compression, neuritis, or chronic pain syndrome.

The problem is that soft tissue injuries typically are NOT visible on x-rays

Most doctors don't have the training to detect soft tissue injuries. If your injuries are undetected then they will go untreated and will likely progress over time.

So, if you are experiencing any of these symptoms, you may be suffering from a soft tissue injury:

- **Muscle Stiffness**
- **Spasms**
- **Neck Pain**
- **Headaches**
- **Numbness And Tingling**
- **Mid-Back Pain**
- **Low Back Pain**
- **Difficulty Concentrating**
- **Difficulty Sleeping**
- **Irritability**
- **Memory Loss**
- **Fatigue**
- **Dizziness**
- **Balance Problems**

The shocking truth about using pain relievers to get rid of your pain!

Let's assume you are experiencing some neck pain. How will your doctor treat you? Well, he or she will attempt to reduce your pain with over-the-counter drugs and probably other prescription medications.

These drugs work by covering up your body's ability to register pain. They do absolutely nothing to fix the problem causing the pain. These drugs are camouflaging the pain, giving you the illusion you're actually okay. This can be dangerous for two reasons.

1. Accident victims on pain medication are more likely to settle their case. The insurance companies use this to their advantage, so don't make hasty decisions while on pain relief medication. It may come back to haunt you later.
2. When you are on pain relief medication, you are more likely to worsen your injury! Your body's way of telling you that you are making things worse is pain, and if you do not feel the pain, you may be aggravating your injury and not even know it! Have you ever sprained an ankle? What happens if you keep walking on it rather than sit it out for a few days? It hurts more and more. Why? Because you're making it worse!

The same is true for these hidden injuries in your neck and back.

That's not to mention the side effects of using these drugs. You see, the bodily functions these drugs are blocking to hide your pain also have other functions in the body. Depending on the drug, you may run into serious kidney, digestive, or liver problems as a result of taking these drugs just to get through the day.

How to Discover if you have a soft tissue or hidden injury

As I mentioned before, soft tissue or hidden injuries are very difficult to detect. Most often, they don't show on X-rays, standard physical exams or lab tests. The key to detecting them is assessing functional biomechanics.

This is accomplished by testing for the following:

- Torn/over stretched muscles, tendons or ligaments
- Edema (swelling due to inflammation)
- Hypertonicity (increased muscle contraction/spasm)
- Structural impairment (postural imbalance due to trauma)
- Abberant motion (reduced or excessive joint mobility)

Most doctors are not trained to perform these tests. If you have had an accident and have not been evaluated for these conditions, you may have a hidden injury silently waiting to cause you grief.

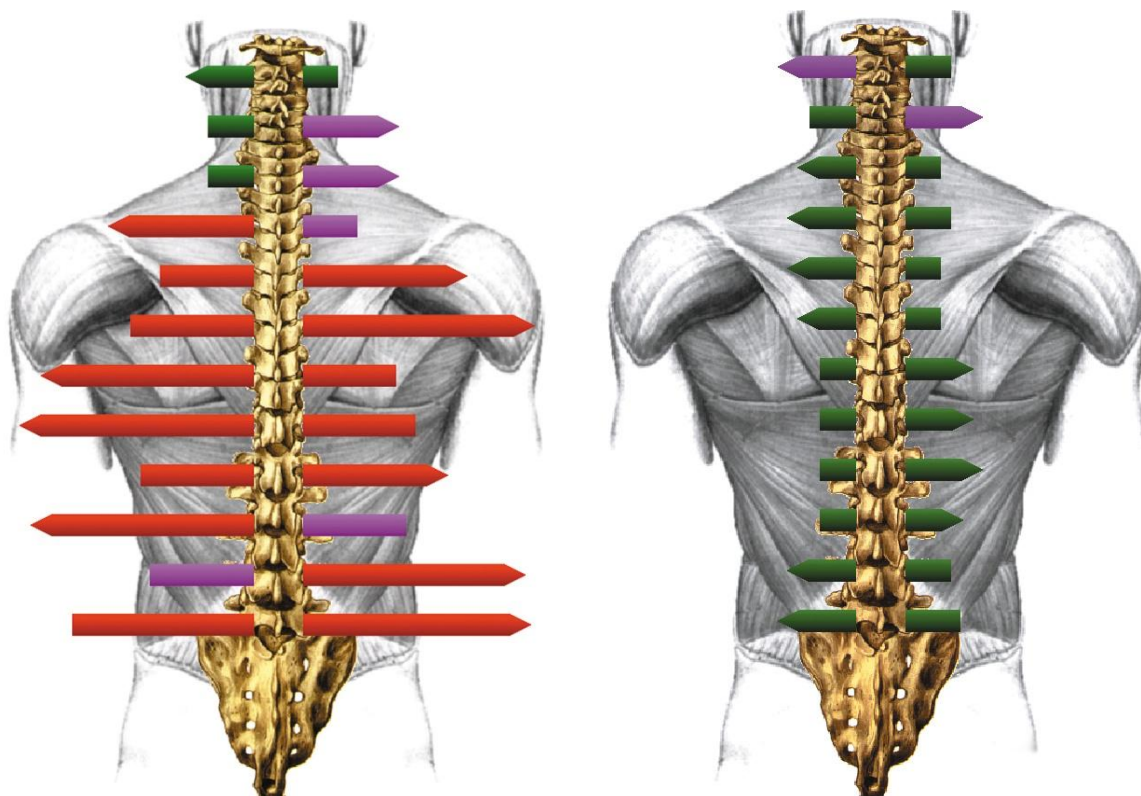
This detailed level of evaluation is necessary if you have soft tissue or hidden injuries. How do you know if you need this testing done? Have a surface EMG screening test performed.

What is a surface EMG test? Why is this One of the best ways to detect hidden injuries?

By calling us and mentioning this report, you are eligible for a free accident injury screening evaluation to see if you have a hidden injury.

The equipment we'll be using to help us with the test is called a Surface Electromyography Unit (SEMG). SEMG scans measure electrical muscle activity in your neck and back. Soft tissue and hidden injuries can be revealed by abnormally high or imbalanced electrical activity signals in your muscles.

The test itself is quick, easy, and painless. (It takes about five minutes and doesn't require you to get undressed or anything.) When the test is done, we'll give you a printout that will show you exactly where your problem(s) are. Here is a sample EMG scan.



The figure on the right shows normal levels of electrical muscle activity. The figure on the left show abnormally increased and imbalanced levels of activity. These increased levels of activity show up as tension, pain and fatigue.

You can take your report home with you and we'll even keep it on file in our office for seven years in case you ever need a copy.

What's important is that you document your injuries now! Because not doing so may allow any injuries you have get worse and they will become more difficult to treat down the road. It may also hurt your personal injury case and any settlement you may be entitled to. If you'd like, after the test, we can schedule a time convenient for you to come in for a detailed evaluation to pinpoint the exact nature and severity of your injury.

Even if you feel okay right now, if you were in an accident, you still run a risk of suffering from a hidden injury. It's best to play it safe now and get checked out to make sure you really are okay.

The slightest injury, even one that you don't feel right now, may lead to a terrible condition down the road called Degenerative Joint Disease. While it is possible to treat it, it takes a long time, and sometimes is impossible to cure 100%. In addition, you may have to foot the bill! And all because someone hit you 20 years before!

If you have a hidden injury, the sooner you find out the better. Then you can get treatment to fix the cause of the problem and get out of pain as soon as possible. Wouldn't it be nice to finally be pain-free and living your life the same way you did before the accident ever happened?

Well, if you do find out that you are suffering from a hidden injury, then this can be your reality. Imagine being pain-free without pills.

I have over 20 years of experience helping auto accident victims get out of pain safely and effectively without drugs or surgery!

My name is Dr. Mark Shelley. I am the Clinic Director of Olympic Spine & Sports Therapy here in Edmonds, WA.

I've spent years helping auto accident victims just like you. In fact, that's why I wrote this report. I'm sick and tired of car accident victims going through years of pain and misery all because no one ever bothered to tell them their rights and the truth about their injuries.

We've used our drug and surgery-free methods to help auto accident victims, just like you get out of pain quickly and get their lives back.

There's nothing that pleases us more than helping hurting people just like you.

Call to schedule your FREE Surface EMG Test!

While this is still fresh in your mind, call our office at (425) 774-2411 and pick a time convenient for you to come in for your accident injury evaluation. If you're calling after the office closes for the day, leave a message and a number we can reach you at, and one of our assistants will call you back the next day.

Your accident has probably been a big enough hassle already, from getting your car fixed, to dealing with your insurance adjuster. That's why we're dedicated to helping you so you can go about living your life on your terms.

If indeed you are suffering from a soft tissue injury, then you may want a lawyer to represent your case. Choosing a good, qualified lawyer is difficult and, if you'd like, we'll even give you a list of qualified attorneys we have worked with.

Whatever you decide to do, remember, you need to document your injuries as soon as possible in order to get the care you may need and the settlement you may deserve. To do so, you need to be checked out by a doctor with the training and experience to diagnose and treat the hidden/soft tissue injuries we've discussed in this report.

If you weren't alone in the vehicle, the other passengers in the car also have the option to come in for a Surface EMG Test free of charge. Just call the office. We will be happy to schedule an evaluation for them as well just to make sure everyone is okay.

I hope you've benefited from discovering the truth about hidden car accident injuries - the same truth some people out there don't want you to know.

Sincerely,

A handwritten signature in black ink, appearing to read 'Mark Shelley', written over a horizontal line.

Mark Shelley, D.C.

P.S. - You need to be evaluated for injuries as quickly as possible for two reasons: (1) If you have injuries, the sooner they are detected and proper treatment is started, the better your chance for recovery. (2) The longer you wait, the easier it is for the insurance companies to claim that your pain is not due to the accident.

P.P.S. For more information about Olympic Spine and Sports Therapy, visit our website at www.olympicspine.com or call us at 425-774-2411.

